



Fight Hunger – Nourish Your Community

Make it Happen Checklist!

WHAT IS IT?

Having access to nutrient-rich foods isn't only important for you. It's also important for everyone in your community – and some kids don't always have enough to eat. This Play will help you make a difference in your community.

Your team will work on service-learning style activities to help people in your school and community .

WHY?

In a [2017 Share Our Strength survey](#), it was reported that 1 in 6 students between the ages of 13 to 18 face food insecurity. It can be a real challenge for students to concentrate on school work when their stomachs are growling. And on weekends and in the summer, it can be even worse.



Huddle Up

[Learn more](#)

Get key people to support your plan

- School Nutrition Team
- Principal, School Nurse, and Teachers
- Parent Volunteers



Get Organized

[Learn more](#)

Get information and get started

- Do some looking for food banks and organizations that help the hungry
- Share info with the team and brainstorm ideas that can help



Build Awareness

[Learn more](#)

Let students, parents, and others in the school community know what you are doing, and get their input

- Discuss as a group whether to start a weekend backpack program, work with a summer feeding program, or work with a local organization
- Make posters highlighting what your group decides to do



Take Action

[Learn more](#)

Select from the Play program choices or your own ideas

- If it's a weekend backpack program, look at [Feeding America](#)
- If it's summer meals, look at the [USDA program](#)
- Don't forget to [focus on milk](#); it's needed but sometimes overlooked



Spread the Word

[Learn more](#)

Highlight your successes and get more help

- Use the toolkits and programs in the Play to get more people involved
- Send home awareness information for all families and share on social media



Build Community

[Learn more](#)

Find ways to make this Play last

- Hold community food drives to stock school or local pantries
- Create a community committee to keep it going