



Homefield Advantage Fight Hunger – Nourish Your Community

This useful one-pager provides practical ways for parents and family members to get involved in making this Play a success – in school and at home!

Lend a Hand at School

- Work with the PTA and School Nutrition team to raise awareness about [Hunger in Our Schools](#) and how hunger can interfere with learning.
- Check with your school's dietitian and other school nutrition professionals to find out what types of [breakfast programs](#) your school offers. See if you can help organize or expand breakfast at your school.
- Help organize a [virtual food drive](#) to show students the importance of community involvement and help build a food bank for a school [Backpack Program](#).

Help at Home

- Explore opportunities to get families more involved in programs like Share Our Strength's [Cooking Matters at the Store](#). Every family can benefit from learning more about how to [eat healthy foods on a budget](#).
- Send information home to families to make sure they know about your school's program as well as the [Summer Food Service Program](#), or helping the [Feeding America](#) network of food banks and pantries. This [toolkit](#) from the Food Research and Action Center can help.