



Homefield Advantage NFL FLAG-in-Schools

This useful one-pager provides practical ways for parents and family members to get involved in making this Play a success – in school and at home!

Lend a Hand at School

- Meet with your school's P.E. or Athletic Director to talk about how the FLAG-in-Schools program works. Offer to volunteer as a coach or assistant.
- How can your school's parent organization support students and the athletic department in starting or expanding a FLAG program? Poll the coaches and P.E. teachers for ideas, and get your PTA or other parent organizations involved.

Help at Home

- Share information with families in your community about the importance of their role in promoting physical activity.
- Learn more about FLAG-in-Schools. Attend a local game or practice — bring your sons and daughters with you!