



All In, All Abilities – Quickstart Guide



What to Do

[Learn more](#)

Make a plan to implement some of your ideas or use ideas from the Play

- Hold a “We All Can!” Kickoff assembly
- Provide ways for students to include their peers, even if they’re not yet friends ([Buddy Bench](#), [Mix it Up](#), etc.)
- Work with your P.E. team to add [accessible activities](#) to the curriculum



Who Can Help

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Get key people to support your plan

- P.E. and other Teachers
- School Nurse, Parents, Interested Students
- Meet with your team to talk about your goals and ways to address issues of inclusivity while respecting differences



Build Interest

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Start the conversation

- Find out what kids think; take anonymous comments
- Look at the differences between physical and psychological challenges; make motivational posters to address these



Share Your Results

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Highlight your successes and get more help

- Use the toolkits and programs in the Play to get more people involved
- Send home awareness information for all families and share on social media



Community

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Find ways to expand your ideas and make this Play last

- Meet with your PTA and local businesses to ask for help
- Host regular community events to keep people involved