

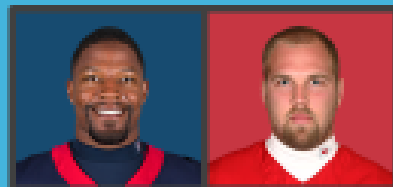


Fuel Up to Play 60 Homeroom

Player Ambassador Fun Facts



**David Johnson (Houston Texans) –
Running Back**



**Mitchell Schwartz (Kansas Chiefs) –
Offensive Tackle**

What is your Gameday ritual?

As we come out of the tunnel as a team, I run to the opposite side end zone, get on a knee and thank God for everything he's done for me. I also pray that both teams come out of the game safe and injury free.

Do you get a chance to talk to a friend on the opposing side before/during/after a game?

There are usually always a couple friends I know on the other team. Before the game we talk about trading jerseys and how each other's life is going. It's always a competitive match during the game, but we might talk or joke around throughout it. After the game we talk about impact plays that took place throughout the game, check on each other's health, and just about life outside of football. Then we'd swap jerseys and wish each other good luck the rest of the season.

Do you get nervous before a game? And how do you calm any pre-game jitters?

I always have that exciting nervousness going on before the game. Just gearing up and ready to play the sport I love. To calm my nerves I go over my plays and what my assignments are on certain ones. I go over the opposing defense and they're playmakers. Visualizing how I get an advantage over them in a run or a route.

In college at University of California, Berkeley, you missed only one snap, why?

I started all 51 games possible from 2008 to 2011, at either left tackle or right tackle and the only missed snap was due to a broken shoelace! Being available is big for me. You want to be available to your team at all times, especially on the offensive line. The biggest thing a coach looks for in a lineman is consistency. You want a guy who's stable, who you can trust, who's consistently going to block the right guy. And you want to be able to bank on his health as well. I think all offensive linemen strive for that. It's a big point of pride for most of us.

Did you play any other sports?

I was an all-league pitcher on my high school baseball team.

Any pets in your life?

I have two Pomeranians named Cupcake and Pumpkin. They each have their own Instagram account and Cupcake's account has nearly THREE TIMES the amount of followers than I have!

