

Weekly Fun Facts

Want to get the word out about your program? Consider putting one or two of the following fun facts in your school newsletter or on flyers to create excitement for your program, and also learn interesting details about the food you eat.

Did You Know ...?

- U.S. cows give an average of 6½ gallons of milk per day. That's over 100 glasses of milk —
 enough for 33 students to have 3 glasses each day!
- Before milking machines were invented in 1894, farmers could only milk about 6 cows per hour. Today, farmers use machines to milk more than 100 cows per hour.
- A cow spends nearly 7 hours a day eating. Cows drink about a bathtub full of water and eat around 40 pounds of food a day.
- June is Dairy Month!
- There are around 340 to 350 "squirts" in a gallon of milk.
- A cow's udder can hold 25-50 pounds of milk at a time.
- You can ripen blueberries after they're picked by putting them in a bag with an apple.
- Citrus grew in Asia 20 million years ago.
- Cranberries were probably first known as "crane berries," because birds called cranes ate the berries. Cranberries have also been called "bounce berries," because ripe cranberries bounce!
- In 1856, French scientist Louis Pasteur discovered that heating liquids to high temperatures kills bacteria. This process is called pasteurization, and it helps keep many foods safe to eat or drink.
- The average American drinks almost 25 gallons of milk a year...that's 400 glasses!
- Most of the nutrients in a potato are found below the skin layer, not in the skin as many people think.
- The saying "You're a real peach" comes from the tradition of giving a peach to a friend.
- Early American colonists made grey paint by boiling blueberries in milk.



