



See detailed sample here

Food: Waste Less – Quickstart Guide



What to Do

[Learn more](#)

Start small and build

- Enlist students and other volunteers to help measure waste
- Learn about the three Rs of tackling food waste:
 - Reduce (stop it before it happens)
 - Recover (save what you can for sharing tables or food banks)
 - Recycle (work with farmers to see about putting waste back into the environment as food or compost)



Who Can Help

[Learn more](#)

Get key people to support your plan

- Principal
- School Nutrition Team
- Parents, Teachers, and Community Volunteers
- Local Farmers and your local Dairy Council



Build Interest

[Learn more](#)

Start an awareness campaign by holding events in the cafeteria and at school events

- Create flyers and posters highlighting the Play
- Create slide shows or show videos (see Play) to make it real
- Meet with your local parent organizations to mobilize helpers



Share Your Results

[Learn more](#)

Highlight your successes and get more help

- Make presentations to your PTA/PTO
- Join the USDA's [U.S. Food Waste Challenge](#)



Build Community

[Learn more](#)

Find ways to make this Play last

- Invite farmers to share their experiences
- Work with local stores and other food suppliers to get them involved