

SPREADING GRATITUDE



We asked some Fuel Up to Play 60 students (like you!) to share what they are thankful for – check out what they shared and get inspired to spread gratitude with your friends, family and community!



KENZY
Colorado Ambassador, 6th Grade

People ask me what I'm thankful for and you would think that is an easy question but it's not. I am thankful for so much and can't write about all of it so I will make it short! I am thankful for the animals I have, the opportunities I have in life, the food I get on the dinner table, an education to learn to be smart, friends and most importantly my mom, my step dad and my brother.



MADISON
Maine Ambassador, 7th Grade

To start off, I am so thankful for my family always being there. Also because they show me how to be the best person I can be and to always do your best. I think that it is very important to show gratitude to family, friends, and my community because in this day and age people are now worried about themselves not everybody else, so when someone does something good you should show them that you appreciate them and you are willing to repay the favor if they need help.



PAYTON
Virginia Ambassador, 7th Grade

I am grateful for my teachers. They have done so much for me in these unprecedented times. They have created a new way of teaching while keeping it fun and helping us learn. I think it is important for them to know how much they have helped us all in this crazy year.



GABBY
Ohio Ambassador, 12th Grade

I am thankful for Fuel up to Play 60. I have been a part of the program for six years and have been given so many opportunities. Without Fuel up to Play I would not have met Vanessa Braun who has inspired me to go to college for sport business. Not only has Vanessa been of great help but I've gained many more mentors and friends. Fuel up to Play 60 inspires me to be a leader and it's been a resource I can share with others. Everyone in the program is supportive and I've made countless friendships because of it.

I believe it is important to show what you are thankful for. I have a lot of people who support me and I find it necessary to show them my gratitude. Without their support I could not be where I am today and I want them to know that. I think if my family, friends, and community know I appreciate them then they will be more willing to continue with their good deeds. Compliments go a long way and you never know whose day need a little positivity in it!

What are you grateful for?