

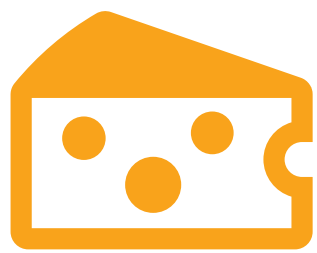
Did You Know...

Learn More at DairyGood.org

SOME COWS WEAR
ACTIVITY TRACKERS
TO SHOW HOW MUCH THEY
EAT, SLEEP AND MILK



CHOCOLATE MILK
IS PROVEN TO
REFUEL TIRED
MUSCLES
AFTER PHYSICAL ACTIVITY



SNACKING ON
CHEESE AFTER
MEALS
HELPS REDUCE TOOTH DECAY

