



ALL ABOUT SMOOTHIES

SMOOTHIE RESOURCES

Looking for some great smoothie resources and ideas to use as part of your school's smoothie program?

CLICK TO VIEW

SMOOTHIE 101: CLICK HERE

Recipe tips, serving tips, marketing tips and more!

RECIPE ROUNUP: CLICK HERE

Pineapple Mango, Winter Escape, Roger Rabbit and more delicious smoothie recipe cards!

SMOOTHIE GUIDE: CLICK HERE

A complete guide to recipes for schools!

HOW TO VIDEO: CLICK HERE

Learn how to use an immersion blender!

Fuel Up to Play 60 is an in-school health and wellness program from National Dairy Council, local Dairy Councils and the National Football League, in collaboration with United States Department of Agriculture (USDA).

SMOOTHIES ROCK!

Resources made possible by our Local Dairy Councils. Click here to find Your Local Dairy Council.



FUEL UP



THE NFL MOVEMENT FOR AN ACTIVE GENERATION