All In, All Abilities – Quickstart Guide

What to Do
Make a plan to implement some of your ideas or use ideas from the Play
- Hold a “We All Can!” Kickoff assembly
- Provide ways for students to include their peers, even if they’re not yet friends
  (Buddy Bench, Mix it Up, etc.)
- Work with your P.E. team to add accessible activities to the curriculum

Who Can Help
Get key people to support your plan
- P.E. and other Teachers
- School Nurse, Parents, Interested Students
- Meet with your team to talk about your goals and ways to address issues of inclusivity while respecting differences

Build Interest
Start the conversation
- Find out what kids think; take anonymous comments
- Look at the differences between physical and psychological challenges; make motivational posters to address these

Share Your Results
Highlight your successes and get more help
- Use the toolkits and programs in the Play to get more people involved
- Send home awareness information for all families and share on social media

Community
Find ways to expand your ideas and make this Play last
- Meet with your PTA and local businesses to ask for help
- Host regular community events to keep people involved